



BUILDING RESILIENCE

We all face different kinds of challenges, changes and personal crises and require ways to handle these situations, especially within the COVID-19 pandemic. With October designated as **Mental Health Awareness Month** and 10 October 2021 as **World Mental Health Day**, we encourage you to take time to assess how you are feeling and what your needs may be to improve your mental health. Reaching out for support is a crucial step in self-care. We hereby wish to share, once again, the following national helplines that are available for support:

- Lifeline: www.lifelinesa.co.za / 0861 322 322
- South African Depression and Anxiety Group (SADAG) Helpline: www.sadag.org / 011 234 4857 (8am 8pm) or 0800 456 789 (24 hours)
- Healthcare Workers Care Network Helpline: www.healthcareworkerscarenetwork.org.za / 0800 21 21 21 / SMS 43001

Remember to visit our **Courage**, **Care and Compassion** platform for tools to maintain your wellbeing and build resilience. Click on this <u>Courage</u>. <u>Care</u>. <u>Compassion</u> link to access the platform.

You are important to us!



CPG TRAINING - EMERGENCY MEDICAL SERVICES (EMS) PANEL MEMBERS

All EMS panel members (excluding permanent ER24 employees) must please send their Clinical Practice Guidelines (CPG) certificates of completion to Antionette Delport (antionette.delport@mhr.co.za) before **Friday**, **31 December 2021**, to prevent temporary deactivation of your profile on our system.

Thank you to the EMS panel members who have already submitted their certificates of completion.

Panel members who have not yet submitted a certificate of completion received an invitation from MHR via email to complete the CPG training on the MHR Moodle e-learning platform. If you received an invitation, we recommend that you start as soon as possible to complete the training before the deadline of 31 December 2021. The course consists of theoretical and practical components. You are welcome to send an email to moodlesupport@mhr.co.za should you have any questions or require assistance in completing the course.

A SPECIAL NOTE OF THANKS TO AN A-TEAM OF NOTE

On **Administrative (Admin) Professionals' Day**, 1 September 2021, we sent a special thank-you note to our A-Team of note. We appreciate your hard work, diligent effort and everyday enthusiasm to give your best. Your significant contribution is key to MHR's success and allows us to continue our legacy, since 1996, of being a 'Trusted Source for Talent'. **We are an A-Team of note because you are!**

Click on this link https://bit.ly/mhr-admin-day-2021 to download the special note that was shared by our team. See below a photo of some of the admin panel members receiving their admin day gifts.





From left to right: Pharmacist Theodette Golden, Pharmacist Assistant Jolene Du Plessis, Pharmacy Assistant Isabel Fortuin, Pharmacy Assistant Sophy Arries, Pharmacist Mervyn McPherson, Pharmacist Assistant Gerda Kotze and Pharmacist Elsie van Rooyen

PERMANENT CAREER OPPORTUNITIES AT MHR CLIENTS

Note that MHR no longer shares a careers platform with some of your clients. If you are interested in permanent career opportunities, we recommend referring to the specific client's careers web page to apply for job vacancies.



MHR urges all nursing panel members to renew their South African Nursing Council (SANC) Annual Practising Certificate as soon as possible, at least a week before the deadline on **Friday**, **31 December 2021**. This will allow SANC enough time to update your licence details before the deadline.

Kindly submit a copy of your renewed licence to your local MHR office, or email a copy to your region's admin email address confirmed below. Failure to submit a copy of your renewed licence may result in the temporary deactivation of your profile on our system. **The council also charges costly restoration fees for late payments.**

Normal annual SANC fees for 2022 per nursing category

CATEGORY	NORMAL ANNUAL FEE FOR 2022
Registered Nurses and Midwives	R700.00
Enrolled Nurses and Midwives	R418.00
Enrolled Nursing Auxiliaries	R293.00

Reduced Annual Fee – Nurses 60 to 64 years of age on 1 January 2022 (25% reduction)

CATEGORY	REDUCED ANNUAL FEE FOR 2022
Registered Nurses and Midwives	R525.00
Enrolled Nurses and Midwives	R314.00
Enrolled Nursing Auxiliaries	R220.00

Reduced Annual Fee – Nurses 65 years of age and older on 1 January 2022 (50% reduction)

CATEGORY	REDUCED ANNUAL FEE FOR 2022
Registered Nurses and Midwives	R350.00
Enrolled Nurses and Midwives	R209.00
Enrolled Nursing Auxiliaries	R157.00

NB: All the above fees are inclusive of **15%VAT**. To qualify for the discounted amounts specified above, you may be required to submit a certified copy of your identity document to SANC to confirm your age. Please visit www.sanc.co.za or contact SANC for more information.

MHR ADMINISTRATION AND PAYMENT ENQUIRIES EMAIL ADDRESSES

- MHR Central (Free State, KwaZulu-Natal and Northern Cape)
 admin.central@mhr.co.za | pay.central@mhr.co.za
- MHR Northern (Johannesburg, Vaal Triangle and Mpumalanga)
 admin.north@mhr.co.za | pay.north@mhr.co.za
- MHR Tshwane (Brits, Pretoria and Limpopo)
 admin.tshwane@mhr.co.za | pay.tshwane@mhr.co.za
- MHR Western Cape (Southern and Western Cape locations) admin.wc@mhr.co.za | pay.wc@mhr.co.za

COVID-19 VACCINATION UPDATE

If you are a **healthcare panel member** and have not been vaccinated yet, click <u>here</u> to register on the V4HWC COVID-19 vaccine booking portal. **Administrative panel members** can continue to register on the Government's EVDS portal by clicking <u>here</u>. For regular updates regarding the vaccination process, visit our <u>COVID-19 Vaccination Information Hub</u>. More communication regarding COVID-19 vaccinations will follow soon. **Together**, we can make a difference!



REMEMBER TO UPDATE YOUR MHR PROFILE

Personal information changes

Please get in touch with your local MHR office and <u>not the client</u> if any of your personal information changes as indicated below:

- Cell phone or home/work landline number
- Email address
- Residential or postal address
- Additional qualifications
- Banking details
- Next of kin for emergency contact reasons

Employment status changes

Remember to inform your nearest MHR office if you are no longer a moonlighter (permanently employed elsewhere) or have become a permanent employee. Kindly also make sure that you complete a new 'Personal tax' form received from your MHR office to change your tax status on our system.

Marital status changes

If your marital status changes, please remember to submit your marriage or divorce certificate to MHR if there is a need to change your surname on our system. Nursing panel members, remember to get in touch with SANC to complete a SANC surname change form.

PROTECTION OF PERSONAL INFORMATION

We shared the data privacy notice and applicable policies below in our previous newsletter to support the implementation of the **Protection of Personal Information Act 4 of 2013 (POPIA)** on 1 July 2021. Please familiarise yourselves with the content of these policies and the privacy notice if you have not done so already. Click here to visit our 'Policies and Procedures' web page on our website and see below under which section the policies and privacy notice are available:

- MHR Confidentiality Policy: Listed under the 'Confidentiality and Data Privacy' section
- MHR Social Media Policy: Listed under the 'Cell Phone Usage and Social Media Wisdom' section
- MHR Data Privacy Notice: Listed under the 'Confidentiality and Data Privacy' section



LET'S SHINE THE SPOTLIGHT ON OUR STARS

It is always a pleasure to recognise the hard work and accomplishments of our panel members and teams within our organisation. Click here to view all acknowledgements and join us in congratulating these team members on their service excellence.