



# NEWSLETTER

October 2020

## A SPECIAL TRIBUTE TO OUR NURSES IN AUGUST 2020

Due to the COVID-19 pandemic, we celebrated International Nurses Day in August this year with our annual nurses' day gifts. We would like to offer our heartfelt thanks and appreciation to all our nursing panel members for dedicating your lives to take care of patients in need. It takes an extraordinary person to save others in spite of one's own wellbeing. MHR commends you for the incredible personal sacrifices you make, not only at the cost of your own health and safety but also time not spent with your loved ones. Your courage, care and compassion are contagious.

Thank you for being a pillar of strength and support during this pandemic



MHR stainless steel straw gift set



From left to right: PN Edith Mphamo, MHR Medforum Coordinator Lezanie Henderson, EN Katlego Moepi, EN Annah Motaung and PN Betty Modiba



From left to right: PN Eunice Idowu, PN Oyeibisi Adelola and ENA Mashudu Makhwebe

## MHR COURAGE, CARE AND COMPASSION CAMPAIGN

On Thursday, 17 September 2020, we celebrated World Patient Safety Day with the global theme ‘**Safe Health Worker, Safe Patients**’. Patient safety starts with taking care of yourself. By now you should have received an SMS or email with a link to our **Courage, Care and Compassion** microsite. Please save this link to access self-care and wellness resources. We trust that this additional resource platform will help you regain balance in your life and protect your own health too. You are important to us!

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### LIKE FOLLOW SHARE OUR LINKEDIN PROFILE

We are pleased to announce that we now have a LinkedIn profile. If you are a LinkedIn member, click [here](#) to access our profile and follow us for exciting insights into our company and clients.

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## EXCITING FUNCTIONALITIES ON OUR NEW-LOOK WEBSITE

Remember to check out these exciting functionalities on our new-look website [www.mhr.co.za](http://www.mhr.co.za)

- The **Frequently Asked Questions** page offers responses to common questions around our company, daily operations, policies and procedures, and much more
  - The **Feedback** page allows you to submit a query online or to compliment an MHR colleague
  - The **History Timeline** page highlights our journey as a ‘Trusted Source for Talent’
  - A useful **Coronavirus** page offers an information hub at your fingertips
  - As we value a culture of recognition, it is a privilege to share our **Bravo for Brilliance** page where we congratulate MHR panel members on their service excellence
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### PANEL MEMBER GUIDE TO COVID-19

We are delighted to share our new hands-on ‘Panel member guide to COVID-19’. This guide includes steps that you, as an MHR panel member, should follow in the event that you have a sudden onset of COVID-19 symptoms; test positive or negative for COVID-19; return to work after recovering from COVID-19; or have been exposed to someone who has COVID-19, including a low- or high-risk exposure. Click [here](#) to download this guide.

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## RENEWAL OF SANC LICENCE FOR 2021

MHR urges all nursing panel members to please pay their South African Nursing Council (SANC) renewal fees as soon as possible, before the deadline **Thursday, 31 December 2020**.

Kindly submit a copy of your renewed licence to your local MHR office, or email a copy to your region’s admin email address below. Omission to submit a copy of your renewed licence may result in the temporary deactivation of your profile on our system. The council also charges costly restoration fees for late payments. Visit the SANC website [www.sanc.co.za](http://www.sanc.co.za) and scroll down on the home page to view the **annual fees for 2021**.

Central Region: [admin.central@mhr.co.za](mailto:admin.central@mhr.co.za)

Tshwane Region: [admin.tshwane@mhr.co.za](mailto:admin.tshwane@mhr.co.za)

Northern Region: [admin.north@mhr.co.za](mailto:admin.north@mhr.co.za)

Western Cape Region: [admin.wc@mhr.co.za](mailto:admin.wc@mhr.co.za)



## AN UP-TO-DATE MHR PROFILE REMAINS KEY

### MHR personal Information update project

We emailed a letter to you at the end of August 2020 with your current personal information on our system. We hereby request that you please check the personal information on this letter, indicate if your information has changed, and submit the completed letter back to MHR. Kindly also ensure that you complete the next-of-kin section, as it is important for MHR to have this information on record in case of an emergency.

### Personal information changes

Please contact your local MHR office and not the client if any of your personal information changes as indicated below:

- Cell phone or home/work landline number
- Email address
- Residential or postal address
- Marital status
- Additional qualifications
- Banking details
- If you are no longer a moonlighter (permanently employed elsewhere) or have become a permanent employee

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## COVID-19 VULNERABLE PEOPLE SURVEY

Since the beginning of May 2020, MHR emailed a 'Vulnerable People' survey to all panel members to complete and send back to MHR. Thank you to those of you who have submitted completed surveys to MHR. This is an urgent call to all panel members who did not complete the survey to please do so and email it back to us. It is for your wellbeing, as well as the wellbeing of your family. It is also a legal requirement for MHR as an employer to have this information on record as it allows us to prevent vulnerable staff members from being exposed to a high-risk COVID-19 work environment.

If you have not received a survey to complete via email, please inform your MHR branch so that we can provide you with a survey.

Please note that the information will be treated as strictly confidential and will only be used to prevent vulnerable staff members from being exposed to a high-risk COVID-19 work environment.



## LAST, BUT NOT LEAST

We would like to quote the following message from Mediclinic International CEO Dr Ronnie van der Merwe as a final word of inspiration: 'In the midst of the previous global recession, Barack Obama made famous the phrase "Yes, we can" by using it as his presidential campaign slogan. The power of this phrase endures to this day, because of its ability to evoke a sense of pride, optimism and community. You can use it to unite a nation – as he did – or to inspire a group of people towards a common purpose. Our successes are, after all, not defined by 'me' moments, but by 'us' endeavours.

Although the challenges of our time may feel overwhelming, we are confident in our ability to work together. Together, we not only can, but will, enhance the quality of life.'

Stay safe.