



# NEWSLETTER

June 2019

## SKILLED ENOUGH TO BE STRONG AND CARING ENOUGH TO BE SOFT

It was an honour to celebrate International Nurses' Day on 12 May 2019 with our nursing panel members who work tirelessly to provide the best possible patient care. It takes a special person to be strong enough to handle long hours and life-or-death situations, as well as soft enough to care for patients with a sensitive and gentle touch. Below are a few photos of the day's celebrations.



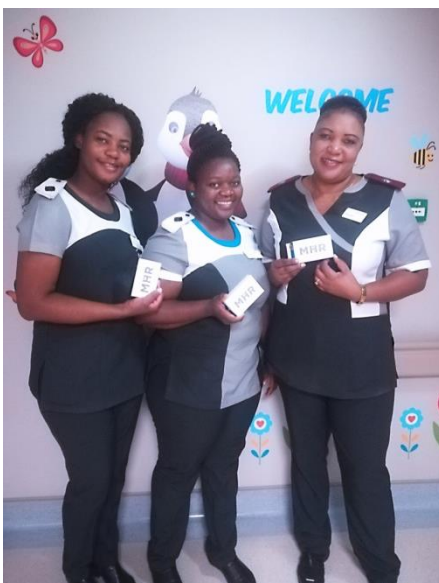
**From left to right:**  
UM Gina du Toit and  
ENA Poppy Kodisang



**From left to right:**  
MHR Senior Coordinator Juanita  
Simonis and PN Emeth Mafentile



**MHR manicure gift set**



**From left to right:**  
EN Busi Khoza,  
EN Andy Phingilili and  
PN Eunice Mgiba



**From left to right:**  
PN Virginia Sibanyoni,  
MHR Clinical Facilitator  
Nadia Swanepoel,  
CCU UM Tshidi Malopi and  
EN Edition Lehloka

**MHR commends each of you for your significant contribution**

## PHARMACIST ASSISTANTS - RENEWAL OF SAPC LICENCE (31 MAY 2019)

Please note that the annual South African Pharmacy Council (SAPC) licence renewal due date for Pharmacist Assistants was **Friday, 31 May 2019**. If you have not yet renewed your licence, please visit the **SAPC website** ([www.pharmaciae.org.za](http://www.pharmaciae.org.za)) and click on '2019 Fees Payable to Council' for more information.

Kindly submit a copy of your renewed SAPC 2019 licence to your nearest MHR office or email a copy to your region's admin email address confirmed on the MHR website. Omission to submit a copy of your renewed licence may result in the temporary inactivation of your profile on our system.

**MHR thanks the Pharmacist Assistants who have already paid their 2019 fees.**

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## SHIFTS WILL BE CANCELLED VIA SMS FROM 1 JULY 2019

As from **Monday, 1 July 2019**, all shifts will be cancelled via SMS. Please ensure that you check your cell phone on a regular basis for a cancellation SMS, especially early mornings and during the afternoons.



### BRAVO FOR BRILLIANCE

**It is an honour and a privilege for MHR to congratulate the following individuals on their service excellence:**

The GCCU Unit Manager of Mediclinic Nelspruit wishes to extend her sincere appreciation to **PN Dumsane Singwane, CW Vivian Ndabandaba, CW Sthembile Mathebula, CW Thapelo Ntuli and CW Hellen Mpapane** for going out of their way to assist in moving the GCCU Unit. Their hard work and optimistic attitude contributed to a successful move.

The Unit Manager would also like to compliment **PN Tinyiko Khoza** for her devotedness, remarkable contribution and keenness to learn. **PN Dominique Mnisi** and **EN Reginald Singwane's** nursing care and documentation speak of high quality.

**EN Robert Montie** was nominated as a nursing excellence candidate for his round-the-clock nursing care. EN Montie is not only a pillar of support in the Mediclinic Worcester Emergency Centre, but his friendly personality and good sense of humour also uplifts the team.

A big round of applause to **PN Dorothy Bhembe, EN Phillipine Mokgope, EN Promise Nkambule, EN Sbongile Magagula, CW Michelle Pimentel, PN Confidence Mkhabela, PN Cynthia Nothando Ndlovu, PN Ivy Malekane, ENA Innocentia Vuma, ENA Olivia Khumalo, ENA Tebatso Sethwana and CW Atalia Mthomboti** for offering excellent patient care in the Obstetric Unit at Mediclinic Nelspruit. The Unit Manager commends the team for living the company values and for always putting patient safety first.

Mediclinic Durbanville sends a bravo to **EN Princess Maphumulo** for offering outstanding patient care with her courteous and assertive approach. Furthermore, attributes such as a patient-centred approach, outstanding service, fidelity and diligence summarise **ENA Orelia Rhode**.

A Mediclinic Nelspruit patient sends a heartfelt thank you to **CW Dudu Mthethwa**. Along with her upbeat personality, she takes special care of her patients, which contributes to exceptional patient journeys.

## FRAIL-CARE WORKERS' UNSELFISH CONTRIBUTION

Our client, Huis Lettie Theron, is a retirement facility in Hermanus which boasts a well-equipped frail care centre where approximately thirty-five MHR frail-care workers are placed.

Three of these care workers sacrifice their personal time each month to help raise funds for the facility by baking 300 pancakes to sell to the Hermanus community.

A big thank you to **Florence Mbikwana**, **Amelia Albertyn** and **Leonie Titus** for your selfless undertaking. All of you reflect our values of teamwork, client focus and being performance driven in a wonderful way.

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## 2019 SARS TAX FILING SEASON

The new tax season opens in July this year. Upon season commencement, you will receive an SMS informing you that your 2019 MHR IRP5 certificate is available on the SARS eFiling website.

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## GOOD HEALTH IS IN YOUR HANDS

In the spirit of **World Hand Hygiene Day**, which took place on 5 May 2019, we would like to take a moment to reflect on the **five moments of hand hygiene** to prevent the spreading of bacteria and infections.



**Before patient contact**



**Before aseptic procedure**



**After body fluid exposure risk**



**After patient contact**



**After contact with patient's surroundings**

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## AN UP-TO-DATE MHR PROFILE REMAINS KEY

Please contact your local MHR office if any of your personal information changes as indicated below:

- **Cell phone or home/work landline number**
- **Email address**
- **Residential or postal address**
- **Marital status**
- **Additional qualifications obtained**
- **Banking details**
- **If you are no longer a moonlighter (permanently employed elsewhere) or have become a permanent employee**

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As we are almost turning the page to the second half of the year, we celebrate new beginnings. A fresh opportunity awaits to revisit our aspirations, appreciate life's gifts and brave the challenges ahead.