

FIVE FACTS ABOUT YOUR SMILE



- 1** A smile is a baby's first facial expression when still in the womb.
- 2** A smile boosts the immune system by lowering cortisol levels.
- 3** There are 19 different smiles ranging from polite to overjoyed.
- 4** 26 muscles work together to create a smile.
- 5** A smile elevates your mood and can reduce blood pressure.